



HUGO HENDERSON

Editorial coverage in 2024 Tatler Beauty & Cosmetic Surgery guide.

HUGO HENDERSON

Henderson is a reassuring presence; fatherly even. After training as an ophthalmologist under Professor Richard Collin and holding a fellowship at Moorfields, he's been doing eyelids and holding regular consultations at both the King Edward VII hospital and the London Clinic for nigh-on 20 years – during which time, he's seen a change of emphasis. 'Back in the day, it was all about excision,' he says. 'But now we take a more conservative approach.' Thus, approximately half of his lower-lid blepharoplasties integrate fat transfer to smooth puffy lower lids and level sunken tear-troughs. This, says the surgeon, 'avoids that gaunt, "operated-on" look'; and being an authority on treating hemifacial atrophy, which causes the absorption of the soft tissues in the face, he should know. Patients love how it improves the texture of the skin and results in a more youthful contour. Hailing from a family of artists, Henderson is a loyal patron of the Royal Academy: 'As a surgeon, you need an appreciation of light, shadow and symmetry,' he says. 'But you also need to be meticulous. That's the key.' *Lower-lid blepharoplasty with fat transfer from £15,000 (hugohenderson.com).*

